

BEFORE SETTING OFF

- > It's well worth giving your bike a quick once-over before setting off, check your gears and brakes are in good condition, your tyres are pumped up properly and if you're going out at night that your lights work.
- > Check the weather before setting off and dress accordingly.
- > Check that the route is suitable for you and your party.
- > If possible let someone know where you are going and make sure that you carry a fully charged mobile phone.
- > Carrying a small cycle toolkit and puncture repair kit can save a long walk home if something goes wrong.
- > If you're going on a longer ride then carrying a drink and an energy snack is advisable



- Grimsby Cycle Hub
Station Approach
Grimsby
DN31 1LY
01472 354986
- Cleethorpes Cycle Hub
Station Road
Cleethorpes
DN35 8AY
01472 696029
- cyclehublincs.org.uk
info@grimsbycyclehub.org.uk
CycleHubCIC
@CycleHubLincs



Working in Partnership



WHY CYCLE?

North East Lincolnshire is perfect cycling country - whether it's taking in the amazing vistas, a sunrise cycle along the coast or an off-road adventure - the area is a great place for fun on two wheels.

We've something for all tastes and abilities, from gentle routes to something more challenging. We're on the edge of the rolling Lincolnshire Wolds, an Area of Outstanding Natural Beauty (AONB). It's easy to get out into the countryside, enjoy the stunning views and explore the country lanes that wind around pretty villages.

North East Lincolnshire is the perfect place to use as a base for a cycling trip. When you're not pedalling around, there's a diverse range of things to do and great places to rest your head at the end of a busy day.

Discover what North East Lincolnshire has to offer: visit www.DiscoverNorthEastLincolnshire.co.uk



Breeze is the biggest programme ever to get more women into riding bikes for fun.

The aim is to help thousands more women feel confident and comfortable about going on a ride. Our local Breeze Champions organise fun, social, local bike rides for women.

Rides go at a speed that suits everyone, and they usually include a stop at a cafe, so everyone can have a drink and a chat.

For more information about local rides please visit www.breezebikerides.com, join in the chat on Facebook (Breeze Network - Coast and Wolds East Lincs).

No bike? If you haven't got a bike or are visiting the area, you can hire one from The Cycle Hubs located at both Grimsby town and Cleethorpes railway stations. Adult and children's cycles can be rented by the hour, day or week. They also have secure parking and repair services.



A HINT OF THE WOLDS

26 miles (42 km)



Suitable for adults



Cycle Friendly Café,
Caistor Arts & Heritage
Centre, 28 Plough Hill,
Caistor, Market Rasen,
LN7 6LZ



Ride Length: 3hrs



Terrain: Hilly

A HINT OF THE WOLDS

If you fancy a challenge this weekend then this is the one for you. The ride takes you from Immingham up into the foothills of the Lincolnshire Wolds before a café stop in the picturesque town of Caistor and a return ride along the National Cycle Route, through Great Limber, Brocklesby and Habrough.

The start of this route is in Immingham. Originally a rural hamlet surrounded by marshland, in 1608 it was the last departure point for the Pilgrim Separatists who fled England for Holland. They later boarded the Mayflower ship and founded one of the first English colonies in America. Today, Immingham is the largest port by tonnage the UK.

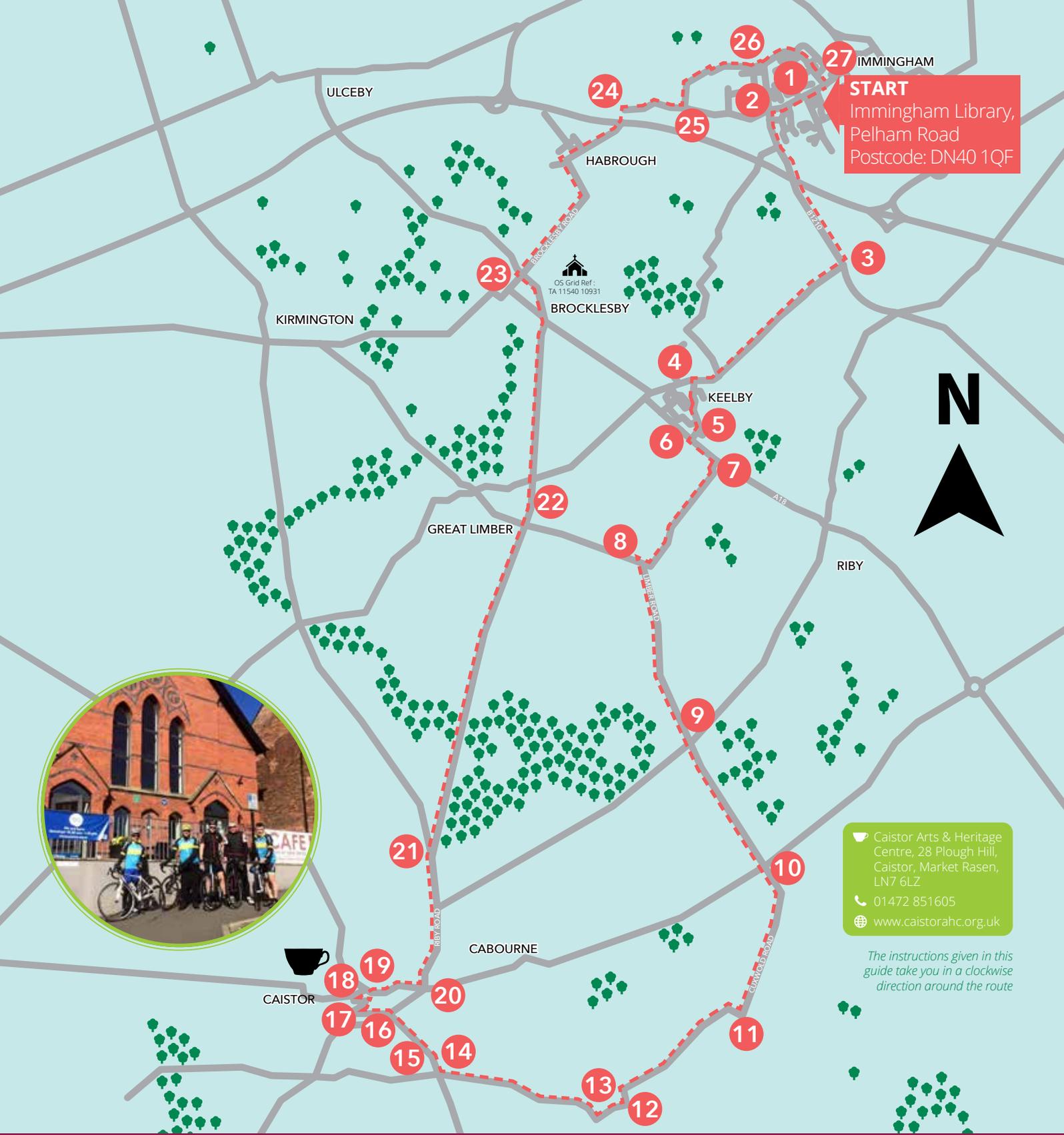
Whilst much of this ride is on quieter roads there are some sections that will require you to cycle along busier sections. Please take care when cycling along them.

The half way point on this ride comes as you enter the town of Caistor, there are several places to stop for a drink and something to eat. If you've got a few minutes the Arts & Heritage Centre is well worth a look around.

The Centre is a beautiful conversion of a former Methodist chapel. Delicious cakes, afternoon tea, snacks and lunches are served in the cafe and on their sunny terrace. Upstairs you can discover local history displays, exhibitions in our gallery and a well-stocked public library.

On leaving Caistor you head north along the National Cycle Network Route 1 that runs the length of the country from Dover right up to northern Scotland and the Shetland Islands.

The rest of the route is mainly through the Brocklesby Estate, with its extensive wood and parklands, look out for the 128ft tall Pelham Pillar and the Brocklesby Mausoleum which are both only a short ride off the route.



A HINT OF THE WOLDS 26 miles (42 km)

1. Head west along Pelham Road
2. Bear left onto the B1210 Stallingborough Road
3. After the level crossing turn right towards Keelby
4. After entering Keelby turn left onto South Street
5. Continue onto St Bartholomew's Close then onto Riby Road
6. Turn left onto the A18. Take care along this road
7. Take the first right along a small single track
8. At the end of the track swing right then turn left towards Swallow
9. Go straight across at the junction with the A1173
10. Turn right then immediately left to Swallow. Head straight through the village
11. In Cuxwold turn right and follow the road to Rothwell
12. Turn right onto partridge Drive in Rothwell
13. After the pub turn right and head uphill on Caistor Road
14. Turn right onto the B1225
15. Take the first left onto Whitegate Hill towards Caistor
16. Cross the A46 then turn left onto South Dale
17. Take a sharp right onto Horse Market
18. Continue up Plough Hill into Market Street
19. Turn right onto High Street
20. Follow the road to the junction with the A1173 and turn left
21. After the woods bear right and follow the route northwards
22. Take care when crossing the A18, head towards Brocklesby
23. Go straight ahead through Brocklesby and turn right onto the B1210 towards Habrough
24. Continue along the B1210 past Habrough and turn right at the mini roundabout
25. Turn left onto Mill Lane
26. Turn left onto Church Lane and follow the road as it turns into Washdyke Lane
27. Turn right onto Pelham Road back towards the start of the route